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Sailing Fundamentals: The Official Learn-To-Sail Manual Of The American Sailing Association And The United States Coast Guard Auxiliary





Synopsis

Written by America's foremost instructional authority, the new edition of "Sailing Fundamentals" combines the training programs of the American Sailing Association and the United States Coast Guard Auxiliary. The official learn-to-sail manual of the American Sailing Association, it is also used in the programs of many yacht clubs, colleges, and sailing groups. Unlike most introductory sailing books, which reflect the biases and idiosyncrasies of their authors, "Sailing Fundamentals" has been extensively pretested by ASA professional instructors to ensure that it offers the fastest, easiest, most systematic way to learn basic sailing and basic coastal cruising. This book covers every aspect of beginning sailing -- from hoisting sail to docking and anchoring -- and specifically prepares the learner to qualify for sailing certification according to international standards. Widely acclaimed author Gary Jobson has won several major races, including the 1977 America's Cup victory as tactician aboard "Courageous." He was head sailing coach at the U.S. Naval Academy, and has conducted sailing clinics across the country. "Illustrated step-by-step in two colors with over 150 line drawings and photographs."

Book Information

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Customer Reviews

Published under the pennants of the American Sailing Association and the United States Coast Guard Auxiliary, Sailing Fundamentals is an excellent guide for novice sailors ready to get their feet wet. This comprehensive manual helps beginners learn basic sailing and coastal cruising with step-by-step instructions for everything from hoisting the sail to docking. Written with clear prose by Gary Jobson--tactician aboard the 1977 America's Cup-winning Courageous--Sailing Fundamentals

is specially designed to help sailors qualify for ASA certification--essential if you wish to charter a boat. Necessary reading for novice sailors--and an excellent reference for intermediate to advanced sailors. --M. Stein

Gary Jobson lives in Annapolis, Maryland.

Excellent resource if you are looking to learn the basics and a bit more. Came in very handy as I learned prior to taking a class, easy to read and follow.

We are using this as our text book for my Basic Keelboat and Basic Coastal Cruising certifications. The descriptions and diagrams are very clear and it was a real help to me before my class and on the first certification test. Im sure I will read this one multiple times as I advance in my sailing adventures. Seems more tailored for beginners, but Im sure more veteran sailors would get something out of it.

Product received on time and as described.

Clear well defined instruction !! Enjoy the read !!

Excellent resource if you are looking to learn the basics and a bit more. Came in very handy as I learned prior to taking a class, easy to read and follow.

bought for a gift

This book is a very descriptive text book for ASA basic sailing certification 101-104. Cruising Fundamentals will also be required for any ASA classes you may take in a Cruising boat. I would recomend that you also purchase Basic Keelboat (not the Kindle version) if you are taking either the US Sailing or the ASA courses. The ASA books are much more descriptive but have lees diagrams where the US Sailing books are just the oposite. Between the two books you will learn much more than with just one or the other.

I got this book so I could have a teaching aid to help my girlfriend learn to sail. It starts off with all this info about jet skis and hull shapes instead of sailing fundamentals. I persisted with the book and

the exercises were helpful, but was pretty disappointed. It's a pretty dry read and overly wordy.

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